

Caring for Carers

At some point in our lives many of us will become carers or require care. In either case this can be very stressful.



Carers can be overwhelmed by the responsibility of caring and can become isolated and depressed. The person who needs care often feels guilty because of the sacrifices they know their Carer makes.



Worry-free time off

This is where Crossroads can help. By sending in one of our Care Attendants we give the Carer

worry-free time off (as illustrated in our wall-hanging, below!) to do whatever they wish and provide the person who needs care with a friend and confidante.

We aim to provide consistent and regular care - by the same Care Attendant as far as possible - and we try to suit all needs. Also, we sometimes accompany clients on social occasions, so that both the Carer and the person cared for can relax and enjoy themselves.

Our aim is flexibility.



A Committed Team



Crossroads is staffed by a committed team of both paid and voluntary Care Attendants. Dedicated Co-ordinators and Admin staff run the office, and a voluntary Management Committee oversees the organisation.

We are proud of the work we do which is reflected in the positive feedback we have received from the Care Inspectorate

What is said about us

The Care Inspectorate gave the service these grades (March 2015)

Quality of the following areas of performance

Care and Support	6 Excellent
Staffing	6 Excellent
Management & Leadership	6 Excellent

Continued Overleaf

What is said about us (cont.)

“The team strives to provide a high quality service which is flexible and responsive to people’s changing needs. This is reflected in the continued excellent grades. People consistently told us how the support provided resulted in positive outcomes and how highly satisfied they were with the service they received.”
Care Inspectorate 2015

“It’s life-saving for me – just to get out. Knowing my relative is well cared-for is fantastic. Only improvement would be to have more.”
Carer

“Sincere thanks for all you have done for me and the love and support you have all shown my wife. It is very much appreciated. Keep up the excellent work you do”
Carer

“I have the best carer for my relative; she is great, so kind and gentle - thank you so much.”
Carer

“What a wonderful team you all are. Thank you so much for all your care and kindness. You will never know what it meant to me”
Carer

**Crossroads (South Ayrshire)
Care Attendant Scheme**
Biggart Hospital,
Biggart Road Prestwick,
Ayrshire
KA9 2HQ

Tel: **01292 671331**
(24 hour answering Service)

Email:
managers@crossroads-sa.org.uk

Website:
crossroads-sa.org.uk

The scheme has a contract with South Ayrshire Council to provide respite care. Officers from the Council monitor our service on an ongoing basis.

SCOTTISH CHARITY SC002548

Donations

See separate donation form or contact us at the Crossroads office. Or donate online at

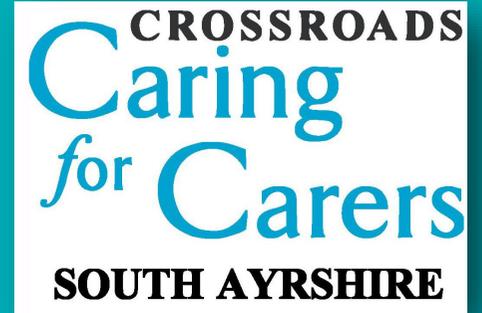
<https://crossroads-sa.org.uk/donate.asp>

Registered with the Care Inspectorate
Website: www.careinspectorate.com

A Company limited by Guarantee
Registered in Scotland No 156846

An Equal Opportunities Organisation

Registered Office: 64 Kyle Street, Ayr, KA7 1RZ



What we do

We provide time off for people in South Ayrshire who care for a relative or friend at home.

Our fully trained Care Attendants take over most of the caring duties (regardless of age, disability or illness of the person being cared for).



The Carer then has time – time for themselves to do whatever they want.